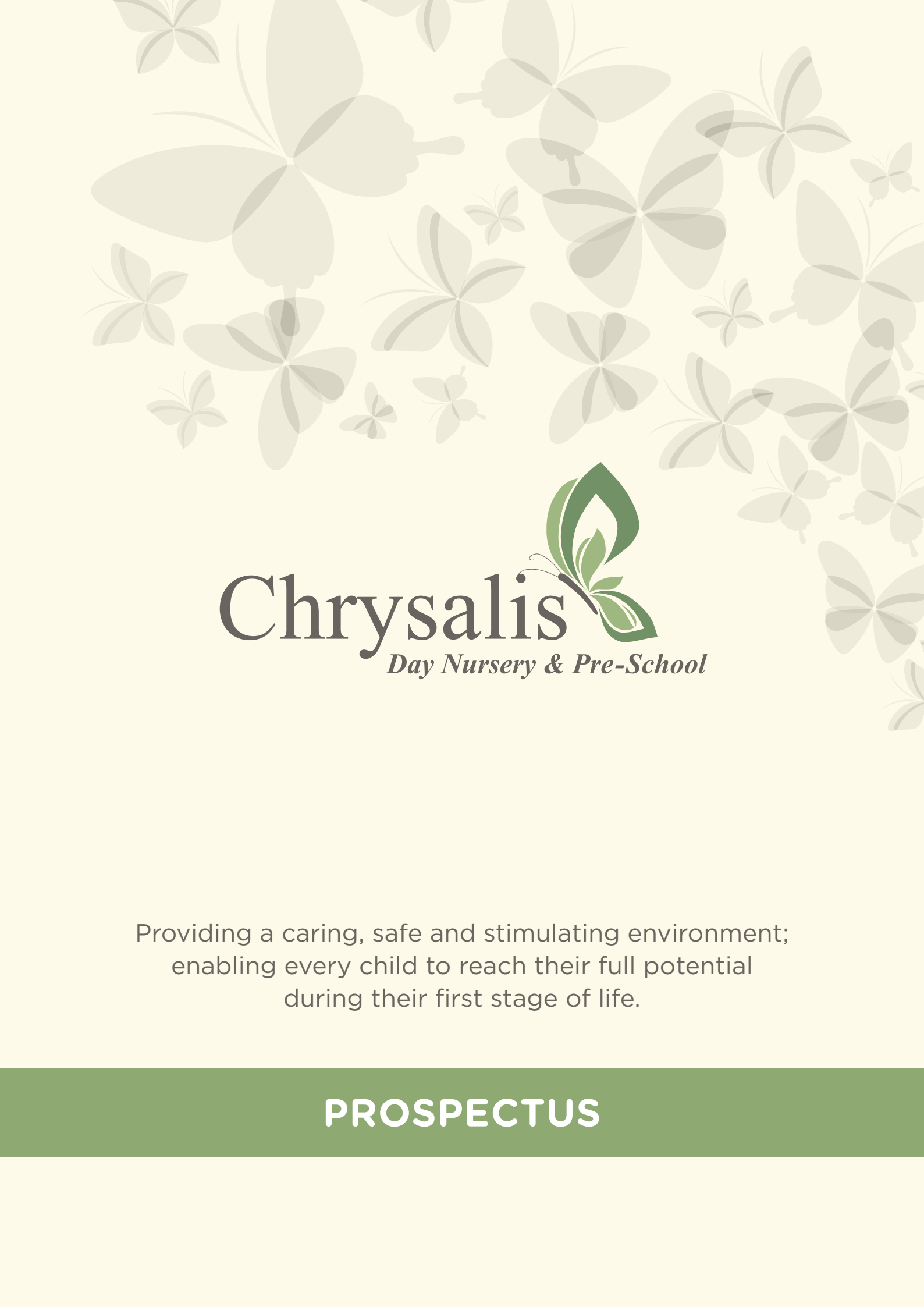




Chrysalis

Day Nursery & Pre-School

Providing a caring, safe and stimulating environment;
enabling every child to reach their full potential
during their first stage of life.

PROSPECTUS

Our vision

To provide a caring, safe and stimulating environment; enabling every child to reach their full potential during their first stage of life.

**REGISTER
YOUR
INTEREST
NOW**

Welcome

Choosing a nursery for your child is one of the most important decisions as a parent. It is essential that you find a nursery which will support your child's developmental needs and provide a safe, caring and secure environment to allow their individuality to flourish.

Our aim is to help your child develop physically, socially and emotionally and prepare them for the transition to school.

Chrysalis has designed an environment to help your child's needs and develop their learning. We provide bright, airy rooms within a safe, stimulating and secure environment, providing opportunities to develop and enhance every child's individual needs. Our impressive outdoor play area will allow learning to take place outdoors. This environment provides extensive opportunities for your child to discover their physical abilities and explore new skills which will help increase their confidence and independent learning. We have designated areas enabling children to grow their own vegetables, which our chefs then incorporate into our meals.

Your child will be allocated a key person to enable them to feel reassured, safe and cared for while at the nursery. The key person will monitor your child's needs and keep a detailed learning journal during their time with us. You can view these at any time on our online system and we encourage parents to add details of experiences captured outside of the nursery so we can enhance further and plan their next steps accordingly. We hold parent's evenings during the year to update you with their progress on a formal one to one basis.



Our values

Caring, passionate staff – to support your child's learning and encourage independence for their preparation to school.

Respectful & resilient children – building positive relationships and providing rich experiences to empower them for the future.

Sense of security – ensuring the children feel safe and secure; safeguarding is at the heart of all we do.

Lifetime love of learning – we have created a homely learning environment, which is continuously evolving to meet the children's needs and interests and embrace all cultures.

Success – celebrating all the children's development and achievements to raise their confidence and self-esteem before they embark on their next adventure to school.

C

H

R

Y

S

A

L

I

S

Happy & Healthy children – creating curious thinkers and providing a nutritious, healthy menu prepared by our on-site chefs.

Yourselves – working in partnership with parents to ensure holistic learning & create positive relationships to ensure the child's key person plans effectively for their development.

Active bodies and minds – enhancing physical development and motor skills as the foundations of future skills.

Inspiring inquisitive imaginations by igniting their interests and developing independence and individuality.

Our team

Our Area Manager Tanya Ryan, she has been working in childcare since 2005 and has completed a Foundation Degree in Early Years Management and Leadership and BA Honours in Early Years Education and Childcare. Our Manager Hannah Botten has worked at Chrysalis for 12 years and has her Level 4 in Leadership and Management.

All of our staff have been trained in paediatric first aid and we have people in charge of safeguarding, special educational needs, equality and H & S including fire procedures.



Kate Hersey

Director



Tanya Ryan

Area Manager



Hannah Botten

Manager



Tina Isaac

Deputy Manager



Alexandra Taylor

Finance Officer



Liz Napthine

Admissions

GOVERNMENT FUNDING

We offer the funded hours from 9 months to 5 years



Curriculum

At Chrysalis all children are encouraged to learn through play. Our curriculum covers all the areas of the Early Years Foundation Stage (EYFS) for children 0-5 years and is designed to meet the needs of each individual child.

Our environments follow The Curiosity Approach which is a pedagogical framework that emphasises child-led play, real-life experiences and inspired learning to foster curiosity and confidence in children. It centres on creating an environment that supports children's innate desire to discover, ask questions and be lifelong learners. It draws from pioneers like Maria Montessori and Reggio Emilia to create a home-like nurturing environment for children.

Our staff carefully plan and prepare for each child's needs through a blended curriculum, which includes child-led and adult-led activities.

We adopt an 'In the moment' approach when the child's interests are ignited during a certain activity which allows them to pursue their interest further. We also incorporate elements of the 'Curiosity Approach' into our curriculum which provides many opportunities for 'Awe & Wonder' to take place via our array of resources.



There are four guiding principles of the EYFS that lie at the heart of good practice for all Early Years settings, as follows:

A Unique Child

Every child is a unique child who is constantly learning and can be resilient, capable, confident and self-assured

Positive Relationships

Children learn to be strong and independent through positive relationships

Enabling Environments

Children learn and develop well in enabling environments in which their experiences respond to their individual needs and there is a strong partnership between practitioners and parents / carers.

Learning and Development

Children develop and learn in different ways. The framework covers the education and care of all children in early years provision, including children with special educational needs and disabilities.

Prime Areas

- Communication and Language
- Physical Development
- Personal, social and emotional development

Specific Areas

- Literacy
- Mathematics
- Understanding of the world
- Expressive Art & Design



Communication and Language

At Chrysalis we provide excellent opportunities for your child to develop their confidence and skills in expressing themselves and to speak and listen in a range of situations. Our Circle Time opportunities and role play areas often ignite conversation and discussion opportunities.

Our Sounds Right Phonics programme is carried out with the Pre-School children to develop their phonetical concepts for reading, writing and communicating. We also have a specialist French teacher from Lingotots who visits on a weekly basis to encourage early development of another language.

Physical Development

At Chrysalis we provide opportunities for children to be active and interactive; to develop their co-ordination, control and movement. During physical activities their fine and gross motors skills will be developed, including balance and co-ordination. Several of our staff are trained in Yoga and we have sessions run by Distinct Dance, K Sports for Football, which provided many physical opportunities. Children are also able to make healthy choices in relation to food.



Personal, Social and Emotional Development

At Chrysalis we provide children with experiences and support which will help them develop confidence in their own abilities and to respect themselves and others. They will develop social skills, learn how to manage their feelings and understand appropriate behaviour in groups. We also carry out circle times based around their emotions and how we are feeling.

**OPEN
52 WEEKS
A YEAR**

7:30am-6:30pm
Monday to Friday

Literacy

At Chrysalis children will be encouraged to link sounds and letters. Our Sounds Right Phonics programme also enhances this. They will be given access to a wide range of reading material to ignite their interest. We encourage opportunities for the children to develop their skills and abilities in preparation for school.

Mathematics

At Chrysalis we develop children's skills in counting, understanding and using numbers, calculating simple addition and subtraction problems; and to describe shapes, spaces and measures.



Expressive Arts and Design

At Chrysalis the children explore and play with a wide range of media and materials. We encourage the sharing of thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play and design and technology.

Understanding of the World

At Chrysalis we guide children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology and the environment. We have a sponsor child in Africa, have taken part in International Postcard exchanges and have a community link with the care home next to our Pre-School, which all provide vast opportunities for the children.



Chrysalis supports a charity called Trend of Africa based in Uganda. It supports women to earn a living using materials from recycled plastic and banana plantain. They create some beautiful items such as placemats, bowls and bags which can be seen incorporated into our home corner environments for the children to enjoy. The children are taught about the charity during circle times when we show them videos and photographs of how the products have been made.

Nursery Facilities



At Chrysalis the nursery is divided into different rooms dependent upon age and development:

Rabbits

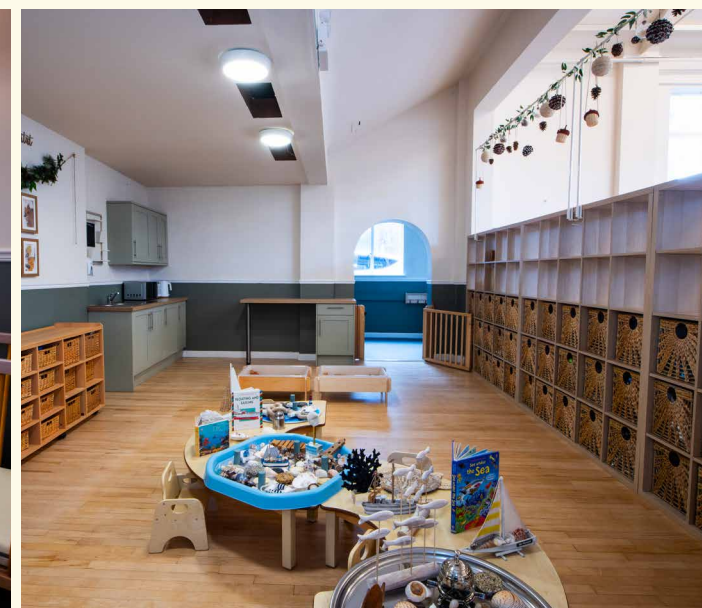
Our Rabbit room encompasses different spaces for our babies to explore and develop. We have sensory and heuristics baskets, a light box and other high-quality equipment and resources to enable the children to gain as many early sensory experiences as possible. The room has a designated sleep area with full-size cots and we also have sleep pods which offer cosy spaces.

Our Rabbits are situated on the ground floor of the building and have direct access to the Rabbit's garden, which is a space designated for them. Our crawl ramps provide the opportunity for the children to free flow between spaces and the garden

is well equipped with lots of resources including sand and water trays and a cosy book corner, a home corner alongside many items which ignite their curiosity and provide awe and wonder opportunities.

We have sing and sensory times, music sessions and many mark-making opportunities for the babies to enjoy. We work to their routines and our chefs can prepare purées and accommodate dietary requirements as needed.

We take babies from 3 months old and then they transition through to our Squirrels room once they are confidently walking.



Parent testimonial

“Every single person at Chrysalis has been fantastic with Sienna from the moment she joined. Settling a baby or toddler into nursery during a pandemic can’t have been easy for you, but you have all been amazing with Sienna. Her excitement each morning for nursery is testament to just how much she loves it there, and that’s all down to the team. Thank you so much”

Ryan and Hayley



**WATCH
MORE**

Squirrels

Our Squirrel room is designated for our toddler children aged between approximately 16 months to the term after their 2nd birthday depending on their development and starting point with us.

Children in this room are confident on their feet and have the benefit of free flow into the garden area. This room is situated on the ground floor and has a raised area providing a home corner on the top level and a carpeted area underneath to enjoy stories, sensory opportunities and a cosy quiet space. The garden area enables the EYFS curriculum to continue outside and includes designated areas for role play, mark making, music, growing vegetables, sand and water play and a mud kitchen.

Several extra-curricular activities take place in Squirrels which include Monkey Music, Distinct Dance, Yoga, cookery and gardening.



Parent testimonial

“Alma being so excited to go to nursery every day is a testament to the amazing job you are doing. She is such a happy and sociable little girl, and she is having a lot of fun and learning new things every day. Thank you for taking such good care of her! ”

Ines and Thomas



Hedgehogs

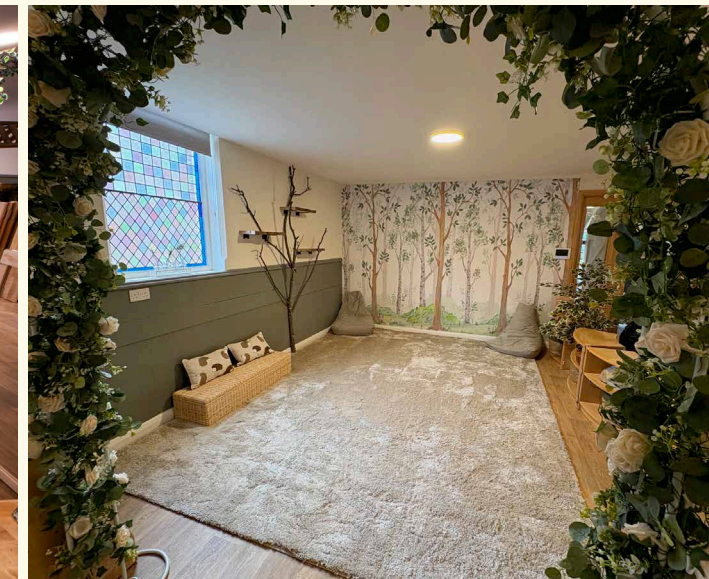
Children will start or transition to the Hedgehog room the term after their 2nd birthday and remain here until the term after their 3rd birthday depending on their development.

We have many natural resources and items to support The Curiosity Approach. The children have regular access to the garden area, which enables the EYFS curriculum to continue outside and includes designated areas for role play, mark making, music, growing vegetables, sand and water play and a mud kitchen. Children toilet training have the opportunity to gain confidence and independence in our adapted facilities which are incorporated in the room for easy access.



Many light projections are used within our areas to provide awe and wonder opportunities. Each year we subscribe to our Incredible Eggs hatching programme, which allows the children to watch ducklings or chicks hatch from their eggs and then experience feeding and handling them before they return to the farm for rehoming.

Our Insect Lore programme provides the children with the amazing experience of seeing the Caterpillars embarking on the first part of the Butterfly lifecycle. They watch the whole process up close before releasing the beautiful butterflies into the wild. Cultural Capital opportunities are gained via our trips to the local community, our link with the Trends of Africa Charity, Our International postcard exchange, sponsoring a child in Africa and our visits to the local care home.



Parent testimonial

“Thank you so much for helping Elena build up her confidence since she started this year. She really enjoys her time with you and we have enjoyed her teaching is the fun stuff you have shown her. We look forward to watching her grow even more. You’ve been brilliant!”

Diane and James



Owls

Children will start or transition to the Owl room the term after their 3rd birthday and remain here until they start school.

We have many natural resources and items to support The Curiosity Approach. The children have regular access to the garden area, which enables the EYFS curriculum to continue outside and includes designated areas for role play, mark making, music, growing vegetables, sand and water play and a mud kitchen. Children toilet training have the opportunity to gain confidence and independence in our adapted facilities which are incorporated in the room for easy access.

Many light projections are used within our areas to provide awe and wonder opportunities. Each year we subscribe to our Incredible Eggs hatching programme, which allows the children to watch ducklings or chicks hatch from their eggs and then experience feeding and handling them before they return to the farm for rehoming. Our Insect Lore programme provides the children the amazing experience of seeing the Caterpillars embarking of the first part of the Butterfly lifecycle. They watch the whole process



up close before releasing the beautiful butterflies into the wild. Cultural Capital opportunities are gained via our trips into the local community, our link with the Trends of Africa Charity, Our International postcard exchange, sponsoring a child in Africa and our visits to the local care home.

We have a School Readiness programme which runs from the September prior to starting school. We introduce our Phonics programme both with our staff and the Phonics with Reg extra curricular classes/ The children will be introduced to all their phase 1 sounds before they leave us. Mathematics is embedded into the learning environment and many activities lend the opportunities for mathematical concepts to be learnt during play.

We have Mandy from Lingotots, Hannah from Distinct Performing Arts and Coach, K from K Sports who provide fun physical sessions with the children.

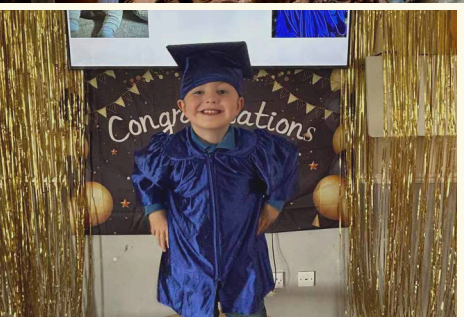
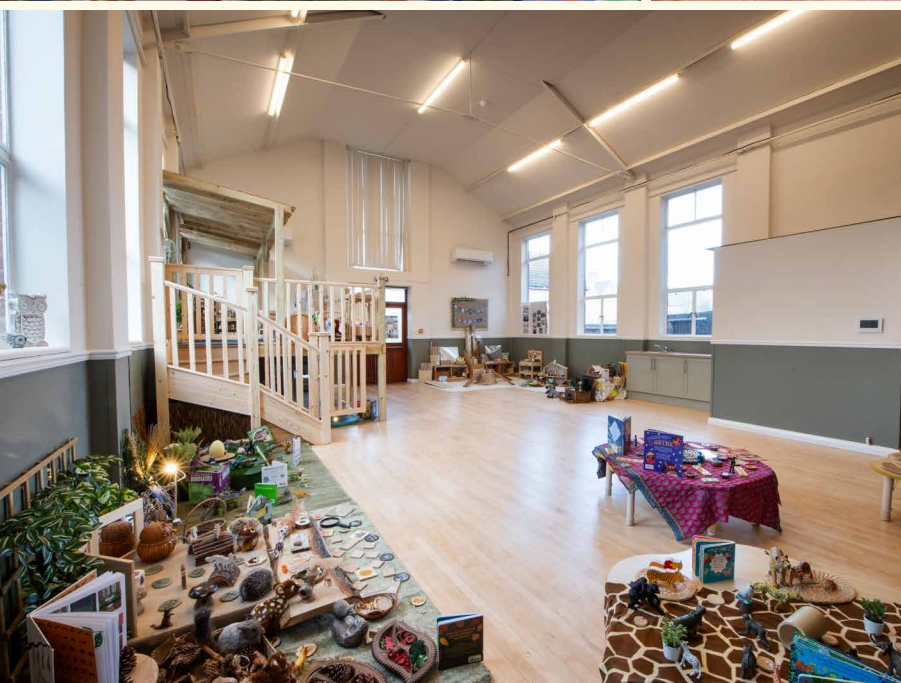


Parent testimonial

“Alma being so excited to go to nursery every day is a testament to the amazing job you are doing. She is such a happy and sociable little girl, and she is having a lot of fun and learning new things every day. Thank you for taking such good care of her!”

Ines and Thomas





INSPIRING

natural environments to
create awe and wonder
and curiosity
opportunities



Outside Play Area

We are fortunate that all our sites benefit from great outdoor spaces. They are stimulating and specially designed to provide numerous opportunities for children to explore and continue their learning outside. Children are encouraged to plant and be responsible for different types of vegetables in our designated growing areas, which are then given to our chef and used in our recipes.

We also go out for walks, visit the sensory area in the library and have fun in the local park. We visit the supermarkets for topic based opportunities and visit the fire station and war memorial at appropriate times during the year.

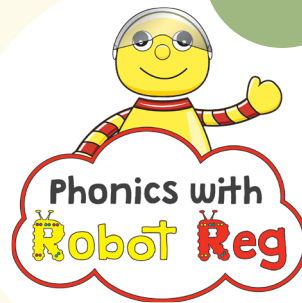


Extra Curricular

We have specialist members of staff who run extra-curricular sessions in various rooms. All extra-curricular sessions are included in the fees.

Our programmes include:

1



Phonics

Phonics with Robot Reg Classes provide fun, high energy classes which open a world of Literacy to children and teach early phonics skills. A Phonics with Robot Reg Class is fun, varied and educational, and the best part is that children don't even realise that they are learning. Each class includes games and activities that teach sound recognition, alliteration and oral blending and segmenting the necessary foundations for reading and writing. This high energy class also includes activities to improve gross and fine motor skills which support a child's handwriting.

2



Lingotots

Mandy has taught French to the children at Chrysalis for several years. Having been born and raised in a bilingual home in the South of France her love of languages developed from a very young age. She is really excited to share her passion through this award-winning programme and open up the world of modern languages to children living in our community.

She loves teaching children, and watching them grow, develop and learn. Learning a language at a young age is so valuable as children truly are like sponges. The younger they learn a second or third language, the more likely it is to become second nature to them, and a skill they can maintain forever.

3



Movin Monkeys

Hannah is the Owner of Distinct Dance Classes and runs her popular Movin' Monkeys classes for the children at Chrysalis. Movin' Monkeys is the culmination of Hannah's years of experience in a class designed to deliver fun, creative and engaging basic dance and movement sessions for children from walking.

A typical MM class at Chrysalis starts with a funky monkey warm up and stretch before the children wake up their favourite monkey puppet friend Marvyn. Hannah and Marvyn then dance and sing their way through the sessions that match Chrysalis' term themes. Through the use of props, puppets, role play and instruments each session has been designed to work with the children to improve their rhythm, confidence, coordination, strength, balance and team work in line with the EYFS.

4



Mini me Yoga

Staff at Chrysalis have been trained to deliver the 'Mini me Yoga programme', exploring mindfulness, yoga and positive thinking and creating fun yoga classes for children using games and exercises designed to make it fun and engaging.

Studies have found that kids yoga helps them learn how to release stress, retain more information, and increase confidence and happiness, among other benefits. Positive thinking techniques increase a child's awareness of the power of their own thoughts and give them access to being the author of their own life.

5



Incredible Eggs

Incredible eggs are a responsible and ethical company who provides eggs for our very own hatching programme. The children absolutely love watching the eggs crack and the chicks hatch in their incubators. Live births have been witnessed creating an incredible 'Awe & Wonder' moment for the children. They then enjoy caring for the new hatched chicks and have the opportunity to hold them before they are returned and rehomed through the programme.

6



K Sports

Founded and led by Coach Kailen, K-Sports delivers high energy, inclusive sports coaching across nurseries and schools. Our aim is to build confidence in every child, with fun, engaging activities designed to develop their gross motor skills.

At K-Sports, everything we do is built upon three core values: Community, Commitment and Development.

To us, coaching means inspiring the youth, supporting their development, and creating a strong, active community through the power of sport.

7



Monkey Music

Monkey Music has been nurturing a love of music in babies and young children for over 30 years. Each fun, interactive class features our much-loved original songs, beautiful percussion instruments, and live singing from fully trained teachers. Through singing, movement, instruments, and playful musical games, our award-winning curriculum supports early learning and development tailored to your child's age and stage while inspiring creativity and confidence, all while sharing precious time together.



Nutrition

Healthy eating

Here at Chrysalis we are fully committed to a healthy eating programme, delivering quality food to our children. All meals are included in the fees and are specially prepared each day on the premises by our on-site chef using the highest quality fresh ingredients. Our meat is provided by Churches Butchers, Epping.

Children are provided with three meals plus a mid-morning and mid-afternoon snack. Water and organic milk is available throughout the day.

We cater for all dietary needs the children are involved in baking different items throughout the year.

See our website for our three week menu



Accreditations

Chrysalis Day Nursery & Pre-School are proud to be part of the National Day Nurseries Association, The Pre-School Learning Alliance / Ofsted / Day Nurseries





Chrysalis

Day Nursery & Pre-School

Epping Methodist Church, 119 High Road, Epping CM16 4BD

**OPEN
52 WEEKS
A YEAR**

7:30am-6:30pm
Monday to Friday



Outstanding
Ofsted reputation
at our Loughton sites

All enquiries please complete
an enquiry form on
www.chrysalisepping.co.uk

or email admissions@chrysalisepping.co.uk

01992 937777

**GOVERNMENT
FUNDING**

We offer the funded
hours from 9 months
to 5 years

WWW.CHRYSALISEPPING.CO.UK